



Hot and Cold Therapy



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Hot and Cold Therapy

Garden State Medical Supply is committed to providing high-quality pain management and rehab products that provide significant benefit to users.

All the Hot and Cold Therapy items in this catalog are manufactured with the goal of making you feel your best while aiming of help reduce the reliability on prescription drugs.

Although most people know to apply ice at the first sign of an injury, few understand the benefits of implementing hot and cold combination therapy into their daily routine. In fact, doctors, athletic trainers and physical therapists recommend hot/cold combination therapy as one of the most effective ways to prevent injuries and promote recovery.



When to apply COLD THERAPY

Acute Injuries

Immediately following an injury or trauma

After physical activity

For pain relief

Chronic Injuries

After physical activity



When to apply HEAT THERAPY

Acute Injuries

At least 48 hrs. after an injury, once swelling/bleeding has subsided

Prior to physical activity

To aid in healing process

Chronic Injuries

Prior to physical activity

For pain relief

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Good2Go Microwave Heat Packs

Superior moisture in a microwave heat pack that combines the convenience of mobility with the benefits of long-term therapy.

- **Non-toxic, non-allergenic crystal filling** will not decay or deteriorate, does not smell or support the formation of mold, fungus or mildew and there is no liquid to leak or dry out.
- **Patented crystals are able to absorb up to 40% of their weight in atmospheric moisture** with their special honey-combed, highly porous surface.
- **Cloud-soft high-quality fleece lining** gently conforms to painful joints, while the multi-ply outer fabric incorporates a vapor barrier to direct the maximum amount of moist heat toward the body.
- **Hook & loop closure and wide elastic strap** holds heat in place with gentle compression.
- **Mitt design** can be used for hot or cold therapy.



Model	Size	Features
490	Large - 12" x 16"	Big enough for a painful back, abdomen or hip
491	Medium - 9" x 12"	Convenient size can be used nearly anywhere to relieve pain and relax sore muscles
492	Cervical/Pelvic - 5" x 16"	Designed to wrap around small joints
493	Shoulder/Knee - 13" x 14"	Unique shape conforms snugly around shoulder or knee joints
494	Hot/Cold Mitt - 8" x 13"	Filled with two gel-packs that can be heated or frozen for either hot or cold therapy

Custom-Touch Heat Therapy Pad

Affordable, effective moist heat therapy for home use.
Helps relieve the pain of arthritis, injury or muscle spasm.

- **Custom-Touch™ hand-held switch** will shut off for safety if the user dozes off.
- **Moisture-Plus™ cover** produces moisture from the atmosphere, but also lets you add moisture if the atmospheric moisture is inadequate for effective therapy.
- **Durable fabric construction** is lightly weighted to help shape smoothly against painful areas for uniform comfort.
- **UL 130 Compliant**, ETL Certified US and Canada



Model 811
Large

Model 831
Joint Wrap

Model	Size	Features
811	Large – 13”x13”	Big enough for a painful back, abdomen or hip
831	Joint Wrap - 5”x16”	Designed for any small joint, or the neck, jaw or sinus area

Thermophore Classic and Max-Heat Moist Heat Pads

Unique, patented design produces the maximum heat level allowed, for penetrating moist heat that drives deep into tissues to relieve pain and relax muscle spasms.

- Heavy-duty fabric construction with added weight for dependable auto- contouring and firm contact with the body, to insure the most effective therapy over the entire area.
- Deep-Heat™ means professional-level heat therapy that is proven to be more effective than most other popular modalities for treating back pain.
- Doctor recommended for the pain of arthritis, back or neck pain, fibromyalgia, sciatica. Works well for any type of pain that responds well to heat therapy!

Thermophore Classic™

- Hand-held switch to control the heat level exactly the way you prefer. Shuts off if you fall asleep or lay the unit aside.
- Original Moist-Sure™ cover that automatically produces moisture from the atmosphere.



Item #	Size	Features
055	14"x27" – Large	Recommend to cover the entire back, abdomen or length of the leg
056	14"x14" – Medium	Versatile size works well for a shoulder or hip, or for petite customers
077	4"x17" - Petite	Designed for neck, jaw or sinus areas, but works on any small joint



Thermophore MaxHEAT™

- Hands-free timer switch with easy On/Off and Pause feature lets the user control the heat level.
- Original Moist-Sure™ cover produces it's own moisture from the atmosphere with no need to add any water.

Item #	Size	Features
155	14" x 27"	Generous dimensions treat the target area and adjacent spasms
156	14" x 14"	Focus heat therapy on the lower back, shoulder or hip
177	4" x 17"	Often used for treatment of TMJ, migraine
174	15" x 17"	Wrap into a tube to surround a small joint or painful hands, or use flat for nearly unlimited therapy options

Thermophore Classic and Max-Heat PLUS

- All the features of our best-selling Thermophore® styles, with the added benefit of a three-layer Moisture-Plus™ cover!
- Produces it's own moisture, and also lets you safely add a damp cloth if you live in a dry environment or prefer extra moisture

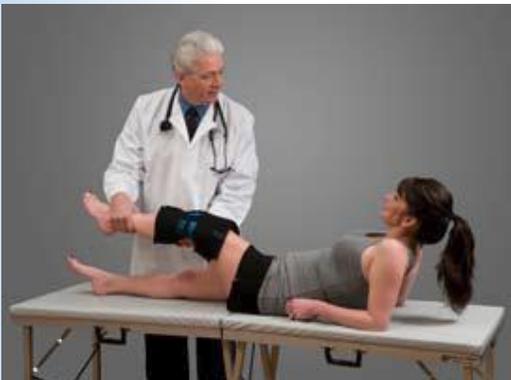


Item #	Description	Size	Use
255	Thermophore Classic Plus™	Large 14" x 27"	Larger, hotter and more effective than most other heating pads
256	Thermophore Classic Plus™	Medium 14" x 14"	Convenient size can be used for a variety of painful joints or muscles
277	Thermophore Classic Plus™	Petite 4" x 17"	Narrow strip to wrap around smaller joints, comfortably fits the neck
355	Thermophore MaxHEAT Plus™	Large 14" x 27"	The ultimate in convenience, coverage and intense moist heat
356	Thermophore MaxHEAT Plus™	Medium 14" x 14"	Dependable moist heat therapy for most types of chronic pain
377	Thermophore MaxHEAT Plus™	Petite 4" x 17"	Popular size for localized treatment of pain in any small area

Ice It! Cold Comfort System

Multi-Use

- Three-part ColdCOMFORT™ system provides convenient, targeted cold therapy. Hands-free designs deliver the ultimate in effective cold therapy to reduce pain, swelling or inflammation from injury, medical procedures or chronic pain conditions.
- **Removable cold packs have a patented non-toxic fill** which freezes quickly and retains cold longer than conventional ice packs.
- **Ice It!® cold packs stay soft and flexible even fully frozen**, to mold smoothly around body curves and painful areas.
- **Comfort-Flex™ elastic strap holds the cold therapy in place** for convenience, and provides gentle compression to help alleviate pain and swelling.
- **Stay-Put™ holster has an insulated cover** that prevents drippy condensation and also helps to keep packs cold even longer.
- **Latex-Free** design.



Multi-Use Styles - Fits many areas of the body

ITEM #	NAME	SIZE	FEATURES
530	Ice It! Medium	6" x 9"	Stay-Put™ fabric holster with Comfort-Flex™ strap and one 6" x 9" B•Pack
540	Ice It! Large	6" x 18"	Secure Stay-Put™ fabric holster with Comfort-Flex™ elastic strap and two 6" x 9" B•Packs
550	Ice It! X-Large	9" x 20"	Stay-Put™ fabric holster with wide Comfort-Flex™ elastic strap and three 6" x 9" B•Packs

Ice It! Cold Comfort System

Joint Specific



Model 512
Knee

Model 516
Shoulder

Model 570
Wrist

Model 514
Ankle/Elbow/Foot

Model 510
Neck/Jaw/Sinus

Joint Specific Styles

ITEM #	NAME	SIZE	FEATURES
510	Neck/Jaw/Sinus	4½" x 10"	Stay-Put™ holster with elastic strap and 4½" x 9" A•Pack can be used on any small area or joint
512	Knee	12" x 13"	Contoured design with three elastic and Velcro® straps holds two 6" x 12" E•Packs
514	Ankle/Elbow/Foot	10½" x 13"	Stay-Put™ holster with attached straps includes two 4½" x 7" F•Packs and one G•Pack (3" x 6")
516	Shoulder	13" x 16"	13" x 16" fabric holster with removable Comfort-Flex™ straps holds two 6" x 12" E•Packs to fit around the front and back, for cold therapy over the entire shoulder
570	Wrist	5" x 7"	Plush holster has three adjustable elastic straps and includes a 4½" x 7" F•Pack

Ice It! Cold Comfort System

Cold Packs/Refills

Stand Alone Re-Usable cold packs and refills for Multi-Use and Joint-Specific ice packs.



Model	Name	Size	Features
500	A•Pack	4½" x 9"	Use alone or as refill for Model 510
502	E•Pack	6" x 12"	Use alone or as refill for Model 512 or 516
504	F•Pack	4½" x 7"	Use alone or as refill for Model 514 or 570
520	B•Pack	6" x 9"	Use alone or as refill for Model 530, 540 or 550
522	E•Pack/Double	2 - 6" x 12"	Refill for Model 512 or 516
523	B•Pack/Double	2 - 6" x 9"	Refill for Model 530, 540 or 550
524	F-G•Pack Combo	2- 4½" x 7" 1 - 3" x 6"	Refill for Model 514
560	C•Pack/Double	2 - 4½" x 6"	Two handy cold packs for any little emergency
561	C•Pack/Single	4½" x 6"	Use for small cuts, bruises, insect bites or stings
585	D•Pack	11" x 14"	Large cold pack for back, hip, shoulder, abdomen or post-surgery issues

Information:

Warranty Information:

Thermophore products are covered for two years from the date of purchase against manufacturing defects.

Good2Go and **Ice It!** Products are covered one year from the date of purchase against manufacturing defects.

Product Information:

All products in this catalog are manufactured by  **BATTLE CREEK**
Equipment
Garden State Medical Supply is an authorized distributor for Battle Creek Equipment. For more information about these products, call us at (732) 348-0312 or visit us at www.govsupplies.com.



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